

Dear Coach:

The 2015 SEOAL Championship Cross Country Meet will be held at **Jackson High School** on Saturday, October 17, 2015. The schedule is included on the back of this page.

Please contact Jackson High School athletic director, Bob Kight at 740-286-7575 or Coach Kevin Smith at 740-703-1720 if you have any questions.

Have a good season and we will see you on October 17th.

Sincerely,

A handwritten signature in cursive script that reads "Kevin Smith".

Kevin Smith
Cross Country Coach
Jackson High School 740-286-7575
ksmith@jcs.k12.oh.us
Cell 740-703-1720

2015 SEOAL CHAMPIONSHIP CROSS COUNTRY MEET

The top 5 runners score, 6th and 7th runners displace. Individuals on incomplete teams and additional runners beyond seven per team are excluded.

Buses will be directed to parking areas. Spectator parking will be \$5 per car or \$3person.

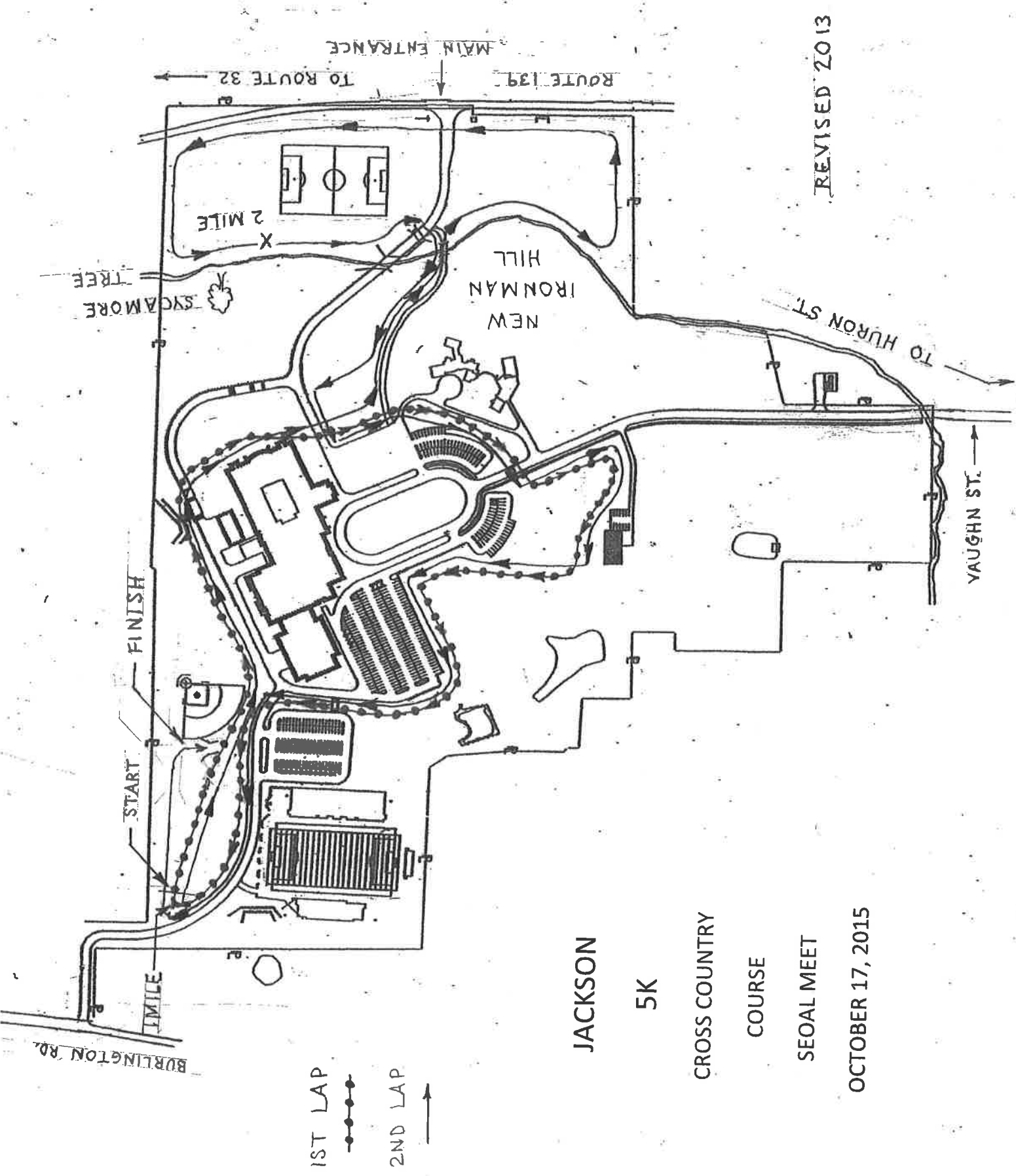
Be advised the course has several asphalt road crossings and a road through a bridge.

Schedule:	9:00	Walk the Course
	10:00	Varsity Girls
	10:45	Varsity Boys
	11:30	Junior High Girls
	12:00	Junior High Boys
	12:30	Awards Presentation

Varsity Boys and Varsity Girls Awards

Team Recognition:	Varsity Girls
	Varsity Boys
	Junior High Girls
	Junior High Boys

Individual Awards:	Plaques – Places 1- 7 (varsity only)
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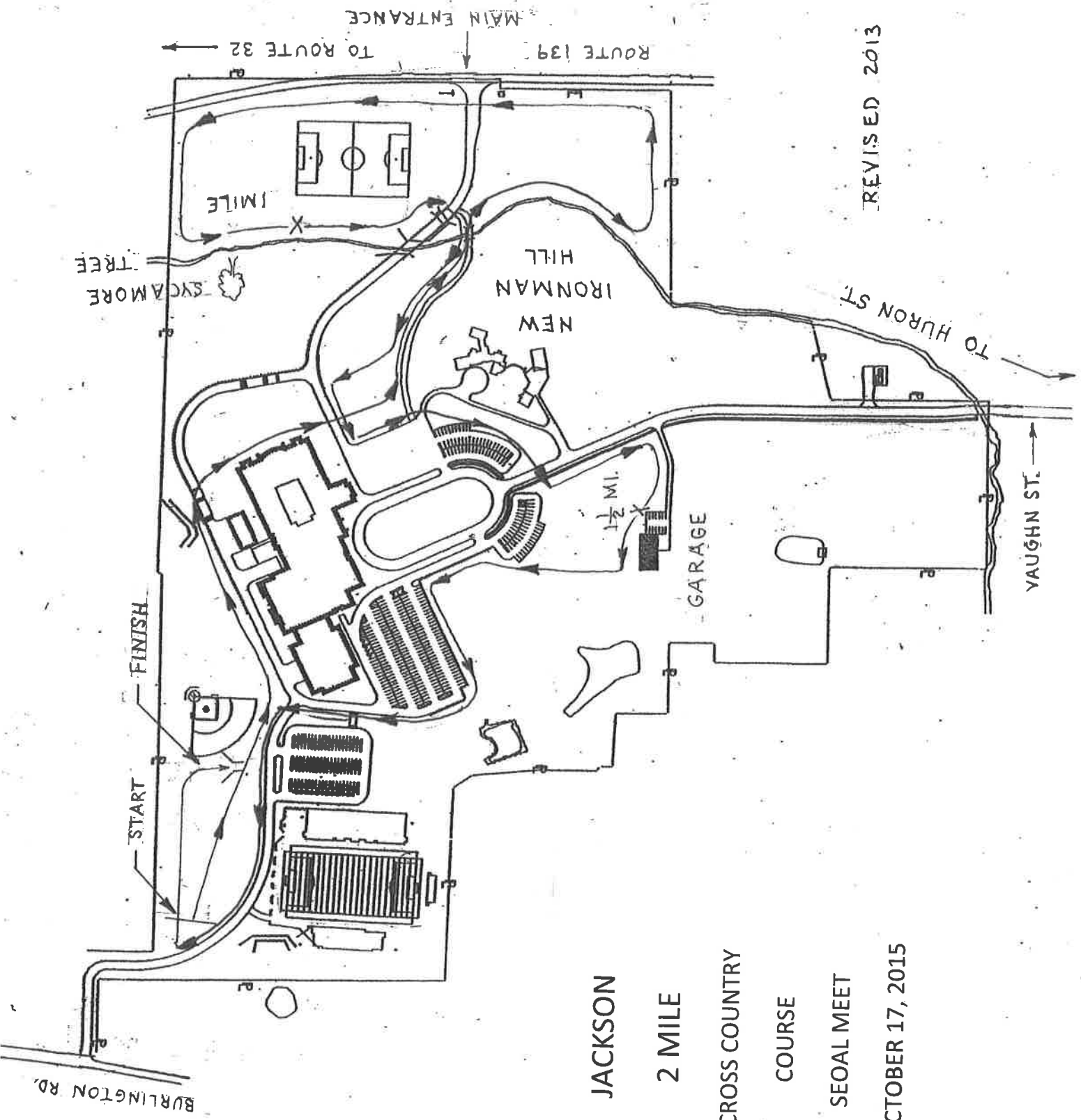
1ST LAP

 2ND LAP
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JACKSON
 5K
 CROSS COUNTRY
 COURSE
 SEOAL MEET

OCTOBER 17, 2015

REVISED 2013



REVISED 2013

JACKSON

2 MILE

CROSS COUNTRY

COURSE

SEAL MEET

OCTOBER 17, 2015